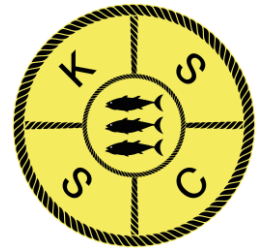


# KINGSTON SYNCHRO COACH

## Role Description



### PURPOSE

To improve performance of athletes in a safe and positive environment, while working alongside other Club staff to deliver a well organised, appropriate and effective programme.

### MAIN FUNCTIONS AND DUTIES

- To provide quality coaching programmes to the ability of all athletes – deliver the session and advise swimmers on their technique;
- To assist the athletes to achieve their full potential with the objective of achieving district / national / international / world class standards;
- To support club development initiatives;
- Abide by and promote sound ethics and Club policies; child protection and equal opportunities to all members;
- To attend and contribute to appropriate Club coaches meetings;
- Be present at training sessions wearing the correct attire;
- Assist with the set-up of the pool for training sessions;
- Be aware of safety at all times throughout the session, keeping the poolside tidy and ensuring any health and safety risks are reported to the Club's Welfare Officer;
- Ensure swimmers have the correct equipment needed for the session;
- Ensure swimmers are abiding by the rules of the Club regarding behaviour during sessions;
- Supervise more junior coaches and poolside helpers; and
- At the end of the session ensure all equipment is correctly stored away.

### SKILLS / ATTRIBUTES

- Good organisation and communication skills
- Reliable & trustworthy
- Approachable & friendly
- Motivator & problem solver
- Patient
- Ability to make the session enjoyable
- Efficient and effective time management
- Show an appropriate level of technical knowledge
- Creative and able to choreograph basic routines

### REQUIREMENTS

- Must be at least 16yrs of age
- Membership of Swim England (can be organised via the Club)
- Sign and adhere to the Club's Code of Conduct
- Attend appropriate training

### TRAINING AND SUPPORT

- Ideally should have a Swim England Assistant Synchronised Swimming Coach qualification, but not essential

### TIME COMMITMENT

- Time commitment can vary depending on experience and availability. The Club trains three times a week on Monday evenings, Wednesday evenings and Saturday mornings. There may also be weekend competitions where athlete support will be required.

