

KINGSTON SYNCHRO POOLSIDE HELPER

Role Description



PURPOSE

Assist with Club sessions under the supervision of a qualified coach.

MAIN FUNCTIONS AND DUTIES

- Be present at training sessions wearing the correct attire;
- Assist with the set-up of the pool for training sessions;
- Be aware of safety at all times throughout the session, keeping the poolside tidy and ensuring any health and safety risks are reported to the coach;
- Ensure swimmers have the correct equipment needed for the session;
- Ensure swimmers are abiding by the rules of the club regarding behaviour during sessions;
- Assist the coach to deliver the session and advise swimmers on their technique; and
- At the end of the session ensure all equipment is correctly stored away.

SKILLS / ATTRIBUTES

- Good organisation and communication skills
- Reliable & trustworthy
- Approachable & friendly
- Motivator & problem solver
- Patient
- Ability to make the session enjoyable
- Efficient and effective time management
- Basic level of technical knowledge (the Club can upskill any volunteers)
- Creative (or willing to try!)

REQUIREMENTS

- Must be at least 14yrs of age
- Membership of Swim England (can be organised via the Club)
- Sign and adhere to the Club's Code of Conduct
- Attend appropriate training

TIME COMMITMENT

- Time commitment can vary depending on experience and availability. The Club trains three times a week on Monday evenings, Wednesday evenings and Saturday mornings.